

HOSTED BY THE GREATER CARBONDALE CHAMBER OF COMMERCE



**NORTHEAST PENNSYLVANIA
SATURDAY & SUNDAY, OCTOBER 4 & 5, 2008 • 8am - 6pm**

LOCATION: THE HILTON • 100 ADAMS AVENUE, SCRANTON, PA 18503 • 570-343-3000

**TICKET PRICE: \$490 FOR ADULTS (18 and older) • \$240 FOR PRIMECO CLIENTS & REVIEWERS
\$240 FOR TEENAGERS (Ages 16 & 17 with legal guardian)**

**Are you interested in enjoying a higher level of productivity?
How about closer relationships with family members, colleagues and friends?
Would you like to know how to remain "present" in any situation
and produce fulfilling results, even in the face of upsets?
Would you like to be more effective in your communications with people?**

At the heart of each individual who is committed to producing outstanding personal and professional results in life are relationships. These people know that the foundation of a fulfilling, successful life is a powerful, satisfying relationship with oneself. The next important step is to build compassionate, sensitive and caring relationships with others. And finally, it's necessary to create a healthy, rewarding and empowering relationship with their own actions and goals.

Primeco's breakthrough coaching methods will guide you toward achieving greater freedom, commitment and accountability in your life.

Your personal and professional values, vision and goals will become clear. Your ability to relate to others will increase dramatically. And you will become empowered to follow your dreams—to achieve unprecedented results in your career, finances, health and vitality.

In this powerful, 2-day course we will teach you how to develop your focus and mindset, and how to behave effectively in any challenging situation. We'll show you how you can shift your attention from yourself, your concerns and your upsets to your family, values and vision. You will develop a higher interest in the quality of your life and others around you. You will fall in love with life again and your effectiveness and productivity in life will dramatically increase!

**PRIMECO CONSULTING • 204 N. El Camino Real, Suite 444, Encinitas, CA 92024 • 760-942-0911 • toll-free 866-283-7965
info@primecoconsulting.com • www.primcoconsulting.com**

POWER & EFFECTIVENESS - A PRIMECO COURSE

TOPICS - FIRST DAY

- Power of Rules & Agreements
- The Way You Play In Life
- Power of Belief
- Internal Conversation
- How do you relate to yourself, others & what you do?

TOPICS - SECOND DAY

- Personal Effectiveness
- Own your life results
- Responsibility & Accountability
- What are you not paying attention to?
- Fulfillment Cycle

I was cursed, but Primeco Consulting helped remove the mystery of my results, and for the first time in my life I could see the clear cause and effect of my choices and beliefs. Primeco's devotion to me, love of life, their uncanny perception, and uncompromising focus became the hot-house where I would find and reinvent myself.

Naomi Davis
Chicago, Illinois

As a Captain for United Airlines and an elected leader in the Air Line Pilots Association, my ability to lead and accomplish what I am committed to have been taken beyond the next level with coaching and consulting provided from Primeco Consulting.

Mark Bringham
United Airlines Captain
Temecula, California

I've always operated from having it all together and looking good...keeping every person in my life at a distance. Primeco's coaching continues to open doors to the real me, and it not only empowers me to take on anything, powerfully... I'm left fulfilled.

Cindy Gillen
President, The Greater Carbondale
Chamber of Commerce
Carbondale, Pennsylvania



Since I started coaching with Primeco, my productivity in my day-to-day life has increased, I am more aware of how I impact people so that I can create the type of relationships I desire. I see the power, freedom and possibilities in front of me that I never knew existed.

Susan Kim
Mental Health Professional
Encinitas, California

Within a month of coaching I have established my own practice that is growing with patients beyond my target goals. I am committed to my relationship which continues to grow and expand beyond what I thought was possible. I am absolutely fulfilled and happy with my professional and personal life.

Lydia Banuelos, M.D.
Pediatric Ophthalmologist
Tucson, Arizona

WHAT IS COACHING?

- Professional coaching is a highly effective tool for individuals and organizations.
- It is for people who choose to have their future be here now instead of maybe, someday, if it's not too hard.
- It is for authentic, healthy, ambitious, brave and open-minded people who strive for excellence.

BENEFITS OF COACHING

- Increase velocity and success.
- Recapture your interests and passions.
- Accomplish more in less time.
- Stretch your imagination and self-expression.
- Invent a vision and put it into practice.
- Communicate directly and clearly.
- Increase overall efficiency and effectiveness.
- Fall in love with life again, and live it fully!

FOR MORE INFORMATION AND REGISTRATION, CONTACT:
PRIMECO CONSULTING • 760-942-0911 OR
THE GREATER CARBONDALE
CHAMBER OF COMMERCE: 570-282-1690

 **PRIMECO**
CONSULTING
your vision is our business

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